

Evidence-Based Chiropractic Care (EBCC)

Enhancing patient outcomes through evidence-based practice insights

The Ontario Chiropractic Association (OCA) has led extensive research efforts to support chiropractors deliver evidence-based, interprofessional and patient-centred and care.

Explore EBCC's Paper Series

The OCA's seven published papers in a special issue of the JCCA advance evidence-based practice (EBP) by examining how research evidence, clinical expertise, and patient preferences and values intersect in clinical care.

Preface

Introduction Paper

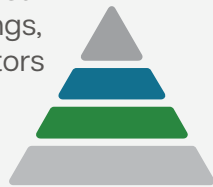
Introduces the EBCC initiative, including how and why it was accomplished.



Evidence Pyramid

Narrative Review

Reviews evidence hierarchies, summarizing current understandings, limitations, and contextual factors affecting their use in clinical decision-making.



Clinical Expertise

Narrative Review

Reviews clinical expertise in EBP – its meaning, development and integrative function.



Person-Centred Care

Commentary

Explores person-centred care in chiropractic, addressing barriers and strategies for more consistent, evidence-informed delivery.



Bridging the Knowledge-to-Action Gap

Narrative Review

Reviews barriers to applying research in clinical practice and offers knowledge translation strategies to enhance the use of evidence in everyday care.



Clinical Decision Tool

Clinical Guideline

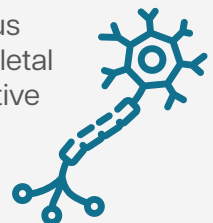
Offers a clinical-decision framework for evidence-based decisions when research is limited.



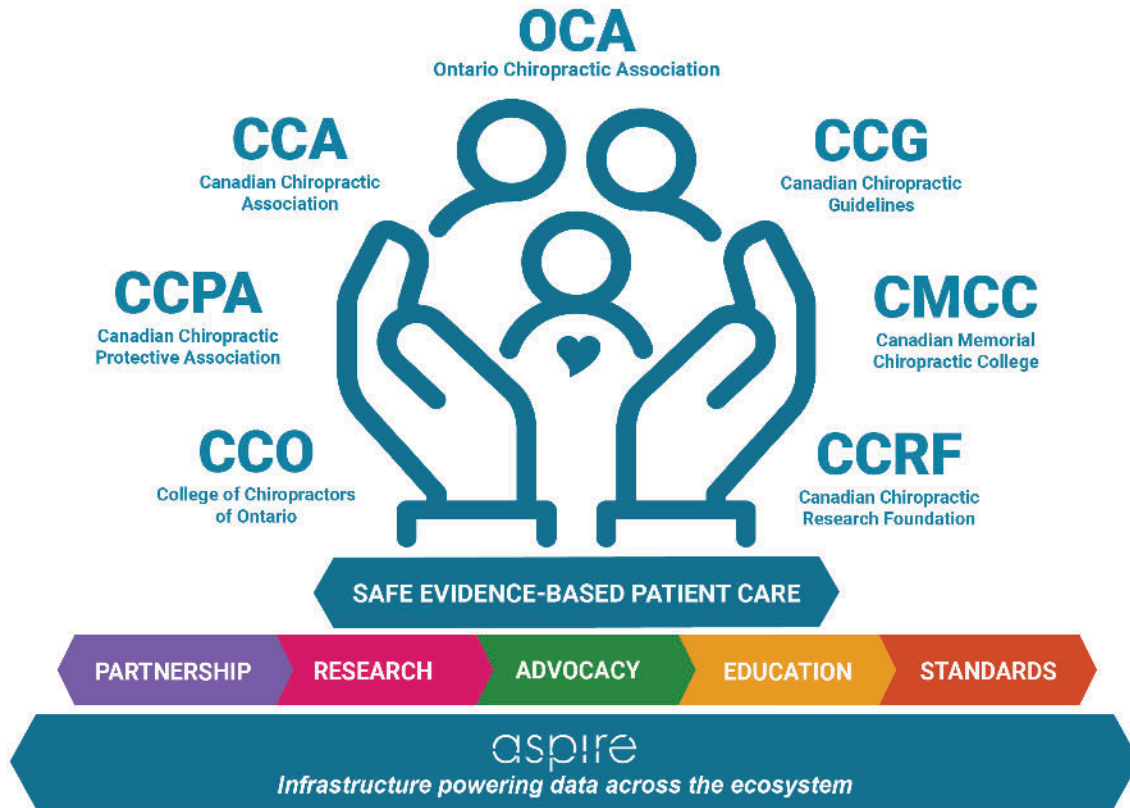
Biological Plausibility

Commentary

Explores the role of the nervous system in chronic musculoskeletal pain and how spinal manipulative therapy may help manage it.



Ontario's Chiropractic Ecosystem



By providing a data infrastructure for musculoskeletal care, the OCA's electronic health record platform Aspire is well-positioned to support the chiropractic ecosystem in integrating evidence-based insights into their work.

